

1.) Keep the drive train clean and lubricated

You will need disposable rags, bike chain lubricant, some degreaser product and maybe a used toothbrush and a flat headed screwdriver to pry off the larger pieces of “gunk” from the rear derailleurs jockey wheels and chain rings. Clean as much as you possibly can get off the chains, sprockets and chain wheels. After everything is nice and clean, turn the cranks slowly backwards and simultaneously apply a drop of chain lube (Teflon Bicycle Lubricant) on the inside of every link on your chain.

2.) Keep your tyres inflated! The tyre pressure should be about 45psi front and 50psi back wheel. This is higher than you think. If the pressure is too low you will get punctures more easily and you will have to pedal harder. A must have tool, is a good pump to achieve 55psi.

3.) Check the nuts and bolts. Only re tighten if needed, but don't overtighten them.

4.) Brakes: Make sure your brakes are adjusted correctly. If you have to pull the brake lever until it touches the handlebar and still almost nothing happens, you have to adjust the brake pads or disc closer to the rim. It is also important to keep both the pads and the braking surface clean from dirt and oil. Minor brake adjustments can be made turning the barrel at the back of the brake lever.

5.) Cleaning: Give the bike frame a good clean while you do these checks. Warm mild soapy water on a rag is OK.

6.) Learn how to fix a flat tube. A repair kit, spanners, new tube and pump, is suggested if riding away from support.

Wishing you smiley trips on your eziRIDER.